

# Reviews

Lift&co

100% Rebuy!



THE GrowthOp

The **Growth Op Magazine** May 3, 2020

Recommended 1:1 Low THC strain



**Ebb & Flow**  
THC 5-10% CBD 7-12%

Lift&co

A very nice, **uplifting, balanced strain**...It is a premium bud, long-lasting, **highly recommended**. 5/5

Strong aroma...It might be my imagination but at around 370F, I could taste the ocean! As a micro-dosing user, **it will probably take a lot longer to go through this** than it takes for me to finish other products...5.0

Great for anxiety and depression. I seem to always be a little happier whenever I smoke a bit of this...**It is one of the best I've tried**...5.0

Smooth and clean high. The bud is organically grown...**The taste is amazing**, very smooth and enjoyable. I smoked a joint and felt very chilled and focused...It doesn't put a dent in the wallet. I would recommend this strain to anyone looking for something that isn't too strong but gives you a nice calming buzz...

Super focused and productive...**I will definitely get again**

**Great balance**...really worth every penny paid


Very mild, great taste. **The effects are mild, but the taste is great, super worth every penny spent**

This is some really good stuff. **This strain is awesome**, really good hard hitting stuff that makes for a really nice time

**Great premium buds for a busy day. A very nice uplifting, balanced strain**...

It is a premium bud, long lasting and got me through my busy day by giving lots of energy but also feeling grounded and relaxed at the same time- **highly recommended**

**Perfect balanced strain**. Very nice uplifting energetic buzz

 **reddit** ...dense squishy strong smelling buds with **Nice trim and moisture** ...I rolled a joint last night and really wish I had much sooner. **The smoke was incredibly smooth the ash was pure white** ...**the buzz was extremely refreshing** and relaxing. But in no way could I see this knocking anyone on there ass it was just very enjoyable...